



# Secondary Students ECCS CANTEEN LUNCH MENU

Open on Mondays, Wednesdays, Thursdays & Fridays

## DRINKS

Water (500ml)	\$1.50
Plain milk	\$1
Chocolate milk <b>NEW</b>	\$2
Strawberry milk <b>NEW</b>	\$2
Flavoured milk (Ice coffee)	\$2
Peach ice tea <b>NEW</b>	\$3.50
Pop-top juice (Apple)	\$1.50
Flavoured water	\$2.50
Up & Go Banana	\$2
Popper Juice <b>NEW</b> Apple or Orange	\$1

## HOT FOOD

Vegetable lasagna (vegetarian)	\$5
Beef lasagna	\$5
Chicken lasagna <b>NEW</b>	\$5
Gluten free beef lasagna <b>NEW</b>	\$5
Spaghetti bolognese	\$5
Macaroni cheese (vegetarian)	\$5
Sausage roll	\$4
Beef pie	\$5
Ham and cheese pizza	\$4.50
Nachos	\$5
Hot chips & chicken nuggets	\$5
Ham and pea soup & crusty bread	\$5

## SANDWICHES

### Salad Sandwiches

(lettuce, tomato, cucumber and carrot)  
\* Wraps - \$1 extra  
\* Gluten Free - \$1 extra

Salad only	\$3
Salad with Chicken	\$4
Salad with Ham	\$4
Salad with Cheese	\$4

### Sandwiches

\* Gluten Free - \$1 extra

With Vegemite	\$2
With Cheese	\$2
With Curried egg	\$3
With Ham and cheese	\$4

### Toasted Sandwiches

\* Gluten Free - \$1 extra

Cheese	\$3
Ham and cheese	\$4
Ham, cheese and tomato	\$4
Chicken and cheese	\$4.50
Chicken pesto and cheese	\$5

## SALADS

Garden Salad	\$5
Lettuce, tomato, cucumber, carrot, beetroot, olives and gherkin	
Extras:	<b>add \$1 each</b>
Chicken, Cheese, Egg, Ham, Feta cheese	

## WEEK DAY SPECIALS

### MONDAY

Sweet chilli chicken roll (warm) or wrap (cold) \$5  
Chicken tender, sweet chilli sauce and lettuce

Quesadilla chicken, cheese & mayo or Ham & cheese (toasted) \$5

### WEDNESDAY

Beef and cheese burger \$5  
Cheese, beef patty, lettuce, tomato, carrot

Chicken noodle salad bowl \$6

### THURSDAY

Sushi - Chicken (8pc) \$6

Sushi - Tuna (8pc) \$6

Vegetable fried rice (vegetarian) \$5

### FRIDAY

Butter chicken and rice (gluten free) \$5